



**City of Middletown**  
**Recreation and Community Services Department**  
**Senior Services Division**

## **Membership Rules and Code of Conduct**

Any member over the age of 60 is eligible to participate in Senior Services sponsored activities, trips, and programs in the Senior & Community Center. The Director of Recreation and Community Services reserves the right to assess participants for appropriateness in their behavior and health for participation in programs, activities, and trips. As a member, you can personally help the Senior & Community Center maintain a warm, positive, and safe environment by following the rules and code of conduct.

There is no smoking allowed in the Senior & Community Center. Alcohol, drugs, firearms, knives or weapons of any sort are strictly prohibited. At the discretion of the administration, anyone acting in a disruptive nature may be asked to vacate the Senior & Community Center, and based on the severity and nature of the problem may not be allowed to return. For the efficient operation of the Senior & Community Center, no one shall adjust the thermostat controls, open/close partition dividers or windows, or utilize supplies in cabinets or the refrigerator without prior staff approval.

Participants must be able to ambulate independently or with the assistance of a cane, walker, wheelchair, or motorized scooter. They must be able to self-medicate, eat and toilet without staff assistance. All Participants must have an active registration form on file with up to date emergency contact information. The Senior & Community Center is NOT an adult day center. Senior Services staff cannot be responsible for participants wandering. Members must scan their membership key fob every time they enter the facility.

We do not allow refunds after a program starts or for circumstances beyond the control of the Department (weather, equipment failure, illness, etc.). Refunds and deadlines are different for programs depending on the start date. The Senior Services Division reserves the right to cancel any program, activity or trip for any reason and without notice.

Members have the right to expect their peers to act respectfully towards them and they have the responsibility to act respectfully towards their peers. Members must conduct themselves appropriately, treat each other with courtesy and respect, and cooperate at all times in order to create a positive environment and sense of community within the facility.

In order to ensure the safety of all participants and to provide the most rewarding and enjoyable experience, we must insist on strict adherence to these rules:

**Participants are expected to:**

- respect staff, other participants, and the Senior & Community Center facility and equipment;
- practice fair play, honesty, and good sportsmanship;
- follow instructions and rules given by staff members/instructors;

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- cooperate in a large group setting;
- toilet without staff assistance;
- ambulate without staff assistance; and
- maintain personal cleanliness and good hygiene.

**The following are examples of behavior/conduct that will NOT be tolerated (this list is non-exhaustive):**

- Intentionally causing or attempting to cause physical injury to another person
- Abusive language and inappropriate gestures
- Possession, using or being under the influence of alcohol or illegal drugs
- Sexual Harassment directed at staff or another participant (verbal, written, or physical in nature) or any sexual contact between members
- Repeated and intentional disregard for the membership rules and code of conduct
- Carrying a dangerous object, firearm, knife, or anything that would or could be used to cause another to feel threatened in any way
- Making disparaging remarks to another regarding religion, national origin, sex, or race
- Making unauthorized physical contact with another participant or staff member
- Misuse of the facility or equipment; vandalism or littering
- Inappropriate behavior
- Lack of personal cleanliness or good hygiene
- Injuring another participant, staff member, or person through an inappropriate action
- Throwing things in anger
- Spitting on others, equipment or property
- Stealing

Individuals who create serious disruptions or act inappropriately may be asked to leave a program or activity by a staff member. The City of Middletown reserves the right to decide whether to accept, reject, suspend or retain any member or guest who violates the rules and code of conduct or poses a threat to the health, enjoyment or safety of themselves or others.

If a participant feels that the behavior of another participant is harmful or threatening to themselves or others, they should bring this to the attention of a staff member.

